



CTMMA



GRAPPLING FIGHT TEAM

PRIVATE TRAINING

BENEFITS OF PRIVATE TRAINING

- **Train by Appointment - Choose your Schedule!**
- **Available to Individuals or Small Groups - Choose your Training Partners!**
- **Customized Training Regimen and Instruction**
- **Access to information that is not offered in Group Class!**
- **Use Private Training to Supplement Group Class – Refine Your Techniques!**
- **Online Scheduling Available for your Convenience**

RATES

Individual

1 Session: \$120/hr

2-4 Sessions: \$110/hr

5+ Sessions: \$100/hr

Group of 3*

1 Session: \$80/hr

2 Sessions: \$75/hr

3+ Sessions: 70/hr

Group of 2*

1 Session: \$100/hr

2 Sessions: \$95/hr

3+ Sessions: \$90/hr

Group of 4*

1 Session: \$60/hr

2 Session: \$55/hr

3 Session: \$50/hr

Instructor Bios are Available Online

***Small Group Training Prices are Per Person**

530 Kings Hwy Cutoff

Fairfield, CT 06824

203.292.5935

www.CTMMA.com